

Monday

Tuesday

Wednesday


Thursday


















Friday

Main Meal

OPTION 1

OPTION 2




Mixed bean bolognaise with penne pasta 	Margherita pizza & oven baked wedges 	Vegetable 'Squashage' roll with roast potatoes & gravy 	Cauliflower & chickpea curry with carrot rice 	Vegan Sausage roll, chips & tomato ketchup 
Beef & lentil bolognaise with penne pasta 	Pepperoni pizza & oven baked wedges	Roast gammon with roast potatoes & gravy	Mild chicken tikka masala & chickpea curry with carrot rice 	Fish fingers, chips & tomato ketchup
Carrots & peas 	Broccoli 	Carrot & cabbage 	Tomato & cucumber salad 	Baked beans 
Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Lemon shortbread biscuit 	Chocolate & banana brownie sponge 	Orange jelly & mandarins 	Oaty apple crumble & custard 	Strawberry yogurt & strawberry sauce 

Veggies



Filled Rolls





Sweet Treats





Available Every Day - Crunchy Colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans



KEY

Wholegrain  Vegetarian 

Nutritionist's Choice  Vegan 

Monday

Tuesday

Wednesday

Thursday

Friday

Main Meal

OPTION 1

1



OPTION 2

2

Vegetable sausages & mashed potatoes with gravy



Lentil & cauliflower dahl with steamed rice



Roast Quorn fillet with roast potatoes & gravy



Baked creamy mac 'n' cheese



Vegetable nuggets, chips & tomato ketchup



Pork sausages (beef casing) with mashed potatoes & gravy

Cajun chicken, tomato & sweetcorn pasta bake

Roast turkey breast, roast potatoes & gravy

Sweet & sour chicken with carrot rice



Fish & chips with tomato ketchup

Veggies



Carrots & peas



Broccoli



Broccoli, cauliflower & peas



Selection from the salad bar



Peas



Filled Rolls



Ham
Cheese
Tuna mayo

Ham
Cheese
Tuna mayo

Ham
Cheese
Tuna mayo

Ham
Cheese
Tuna mayo

Cheese
Tuna mayo

Sweet Treats



Chocolate sponge & chocolate sauce



Raspberry jelly & mandarins



Jam sponge & custard



Carrot cake with orange glaze



Chocolate Mousse



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KEY

Wholegrain



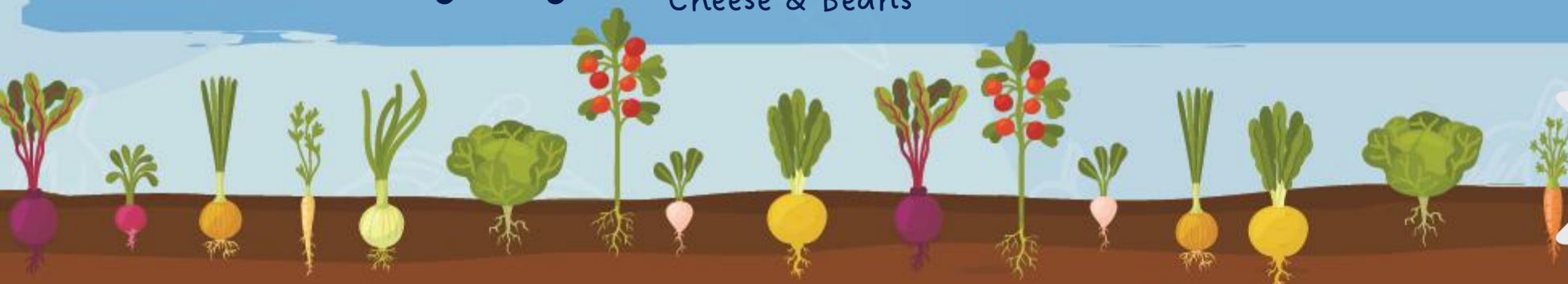
Vegetarian



Nutritionist's Choice



Vegan



Main Meal

OPTION 1

OPTION 2

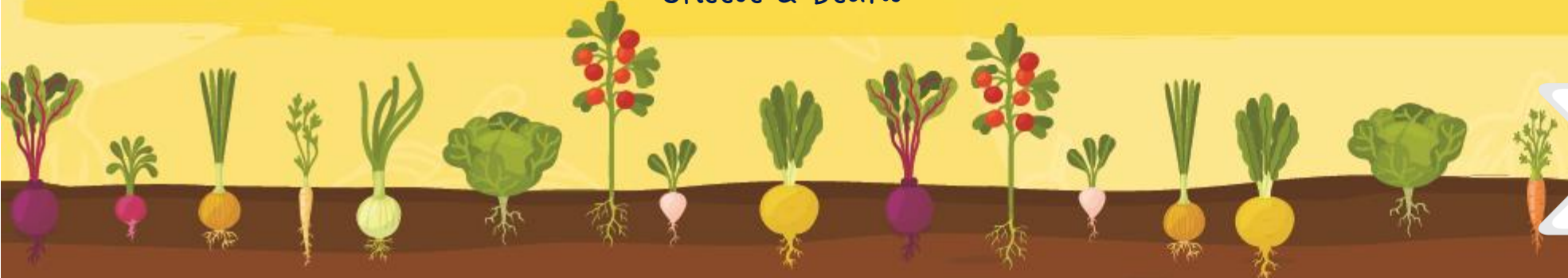
Veggies

Filled Rolls

Sweet Treats

	Monday	Tuesday	Wednesday	Thursday	Friday
OPTION 1	Cheesy cauliflower pasta bake	Margherita pizza & oven baked wedges	Vegetable sausages with roast potatoes & gravy	Mixed Bean & vegetable wrap with vegetable rice	Chickpea & vegetable fritter, chips & tomato ketchup
OPTION 2	Beef nacho pasta bake	Tomato, spinach & salmon pasta	Roast chicken breast, roast potatoes & gravy	Zesty tomato, lentil & herb chicken with vegetable rice	Fish fingers, chips & tomato ketchup
Veggies	Sweetcorn	Peas & carrots	Cabbage, peas & carrot	Carrot, cucumber & tomato salad	Baked beans
Filled Rolls	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Ham Cheese Tuna mayo	Cheese Tuna mayo
Sweet Treats	Chocolate shortbread	Apple & summer berry crumble with custard	Orange jelly & mandarins	Watermelon Wedge	Strawberry yoghurt & strawberry sauce

Available Every Day - Crunchy Colourful Salad Bar & Jacket Potatoes with Cheese, Beans, Tuna Mayonnaise & Cheese & Beans



KEY

Wholegrain Vegetarian

Nutritionist's Choice Vegan