



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Cheesy Salmon Sub Melt with Baked Wedges	Creamy Beef Lasagne	Roast Gammon & Roast Potatoes with Gravy	Mild Chicken Massaman Curry with Wholegrain & White Rice	Fish Fingers & Chips
VEGETARIAN MAIN MEAL	Italian Cheese & Tomato Pizza with Baked Wedges	Plant Based Meatball Pasta Bake	Vegan Sausage Puff & Roast Potatoes with Gravy	Vegan Sweet & Sour Butternut Squash with Wholegrain & White Rice	Vegan Vegetable Nuggets & Chips
PASTA	Pasta with Tomato & Basil Sauce	Pasta with Cheese Sauce	Pasta with Tomato & Basil Sauce	Pasta with Cheese Sauce	Pasta with Tomato & Basil Sauce
VEGETABLES	Carrots & Peas	Garden Peas	Seasonal Vegetables	Tomato, Cucumber & Carrot Salad	Baked Beans
JACKET POTATOES	Cheddar Cheese, Baked Beans or Tuna Mayonnaise				
PUDDING	Vanilla Yoghurt	Apple Strudel & Custard	Strawberry Jelly & Mandarins	Apple & Cocoa Sponge with Vanilla Sauce	Vegan Shortbread
PICK & MIX ROLLS & DESSERT	Ham Roll Cheese Roll Vanilla Yoghurt	Chicken Roll Egg Mayonnaise Roll Apple Strudel & Custard	Ham Roll Cheese Roll Strawberry Jelly & Mandarins	Tuna Mayonnaise Roll Cheese Roll Apple & Cocoa Sponge with Vanilla Sauce	Ham Roll Egg Mayonnaise Roll Vegan Shortbread



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Traditional Pork & Beef Sausage & Mash	Chicken & Tomato Pasta Bake	Roast Turkey & Roast Potatoes with Gravy	Mild Mexican Beef Chilli with Wholegrain & White Carrot Rice	Battered Fish & Chips
VEGETARIAN MAIN MEAL	Vegan Plant Based Sausage & Mash	Vegan Baked Gnocchi in Tomato & Basil Sauce	Red Pepper & Spinach Spanish Omelette	Vegan Mild Plant Based Chilli with Wholegrain & White Carrot Rice	Margherita Wrap & Chips
PASTA	Pasta with Tomato & Basil Sauce	Pasta with Cheese Sauce	Pasta with Tomato & Basil Sauce	Pasta with Cheese Sauce	Pasta with Tomato & Basil Sauce
VEGETABLES	Carrots	Sweetcorn	Seasonal Vegetables	Garden Peas	Baked Beans
JACKET POTATOES	Cheddar Cheese, Baked Beans or Tuna Mayonnaise				
PUDDING	Vanilla Yoghurt	Peach & Pineapple Crumble with Custard	Orange Jelly	Eves Pudding & Vanilla Sauce	Chocolate Cookie
PICK & MIX ROLLS & DESSERT	Ham Roll Cheese Roll Vanilla Yoghurt	Chicken Roll Egg Mayonnaise Roll Peach & Pineapple Crumble with Custard	Ham Roll Cheese Roll Orange Jelly	Tuna Mayonnaise Roll Cheese Roll Eves Pudding & Vanilla Sauce	Ham Roll Egg Mayonnaise Roll Chocolate Cookie



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Mixed Vegetable & Bean Hot Wrap with Baked Wedges	Beef Bolognese with Wholegrain & White Pasta	Roast Chicken & Roast Potatoes with Gravy	Mild Chicken Bhuna Curry with Wholegrain & White Carrot Rice	Fish Fingers & Chips
VEGETARIAN MAIN MEAL	Italian Cheese & Tomato Pizza with Baked Wedges	Vegan Plant Based Bolognese with Wholegrain & White Pasta	Macaroni Cheese	Mild Chickpea & Paneer Korma with Wholegrain & White Carrot Rice	Vegan Falafel Kofta & Chips with Asian Slaw
PASTA	Pasta with Tomato & Basil Sauce	Pasta with Cheese Sauce	Pasta with Tomato & Basil Sauce	Pasta with Cheese Sauce	Pasta with Tomato & Basil Sauce
VEGETABLES	Sweetcorn	Carrots & Peas	Seasonal Vegetables	Tomato, Cucumber & Carrot Salad	Baked Beans
JACKET POTATOES	Cheddar Cheese, Baked Beans or Tuna Mayonnaise				
PUDDING	Vanilla Yoghurt	Blueberry Muffin	Strawberry Jelly with Fruit Cocktail	Homemade Apple Crumble & Custard	White Chocolate Crispie Cake
PICK & MIX ROLLS & DESSERT	Egg Mayonnaise Roll Cheese Roll Vanilla Yoghurt	Chicken Roll Egg Mayonnaise Roll Blueberry Muffin	Ham Roll Cheese Roll Strawberry Jelly with Fruit Cocktail	Tuna Mayonnaise Roll Cheese Roll Homemade Apple Crumble & Custard	Ham Roll Egg Mayonnaise Roll White Chocolate Crispie Cake