IFG Primary



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	
Main Meal	Cheesy Salmon Sub Melt with Baked Wedges	Creamy Beef Lasagne	Roast Gammon & Roast Potatoes with Gravy	Mild Chicken Massaman Curry with Wholegrain & White Rice	Fish Fingers & Chips	
Vegetarian Main Meal	Italian Cheese & Tomato Pizza with Baked Wedges	Plant Based Meatball Pasta Bake	Vegan Sausage Puff & Roast Potatoes with Gravy	Vegan Sweet & Sour Butternut Squash with Wholegrain & White Rice	Vegan Vegetable Nuggets & Chips	
Pasta	Pasta with Tomato & Basil Sauce	Pasta with Cheese Sauce	Pasta with Tomato & Basil Sauce	Pasta with Cheese Sauce	Pasta with Tomato & Basil Sauce	
Vegetables	Carrots & Peas	Garden Peas	Seasonal Vegetables	Tomato, Cucumber & Carrot Salad	Baked Beans	
Jacket Potatoes	Cheddar Cheese, Baked Beans or Tuna Mayonnaise					
Pudding	Vanilla Yoghurt	Apple Strudel & Custard	Strawberry Jelly & Mandarins	Apple & Cocoa Sponge with Vanilla Sauce	Vegan Shortbread	

01/04/2024, 22/04/2024, 13/05/2024, 03/06/2024, 24/06/2024, 15/07/2024

IFG Primary



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Traditional Pork & Beef Sausage & Mash	Chicken & Tomato Pasta Bake	Roast Turkey & Roast Potatoes with Gravy	Mild Mexican Beef Chilli with Wholegrain & White Carrot Rice	Battered Fish & Chips
Vegetarian Main Meal	Vegan Plant Bas <mark>ed</mark> Sausage & <mark>Mash</mark>	Vegan Baked Gnocchi in Tomato & Basil Sauce	Red Pepper & Spinach Spanish Omelette	Vegan Mild Plant Based Chilli with Wholegrain & White Carrot Rice	Margherita Wrap & Chips
Pasta	Pasta with Tomato & Basil Sauce	Pasta with Cheese Sauce	Pasta with Tomato & Basil Sauce	Pasta with Cheese Sauce	Pasta with Tomato & Basil Sauce
Vegetables	Carrots	Sweetcorn	Seasonal Vegetables	Garden Peas	Baked Beans
Jacket Potatoes	Cheddar Cheese, Baked Beans or Tuna Mayonnaise				
Pudding	Vanilla Yoghurt	Peach & Pineapple Crumble with Custard	Orange Jelly	Eves Pudding & Vanilla Sauce	Chocolate Cookie

08/04/2024, 29/04/2024, 20/05/2024, 10/06/2024, 01/07/2024, 22/07/2024

IFG Primary



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	Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
	Main Meal	Mixed Vegetable & Bean Hot Wrap with Baked Wedges	Beef Bolognaise with Wholegrain & White Pasta	Roast Chicken & Roast Potatoes with Gravy	Mild Chicken Bhuna Curry with Wholegrain & White Carrot Rice	Fish Fingers & Chips
	Vegetarian Main Meal	Italian Cheese & Tomato Pizza with Baked Wedges	Vegan Plant Based Bolognaise with Wholegrain & White Pasta	Macaroni Cheese	Mild Chickpea & Paneer Korma with Wholegrain & White Carrot Rice	Vegan Falafel Kofta & Chips with Asian Slaw
	Pasta	Pasta with Tomato & Basil Sauce	Pasta with Cheese Sauce	Pasta with Tomato & Basil Sauce	Pasta with Cheese Sauce	Pasta with Tomato & Basil Sauce
	Vegetables	Sweetcorn	Carrots & Peas	Seasonal Vegetables	Tomato, Cucumber & Carrot Salad	Baked Beans
	Jacket Potatoes	Cheddar Cheese, Baked Beans or Tuna Mayonnaise				
	Pudding	Vanilla Yoghurt	Blueberry Muffin	Strawberry Jelly with Fruit Cocktail	Homemade Apple Crumble & Custard	White Chocolate Crispie Cake

15/04/2024, 06/05/2024, 27/05/2024, 17/06/2024, 08/07/2024