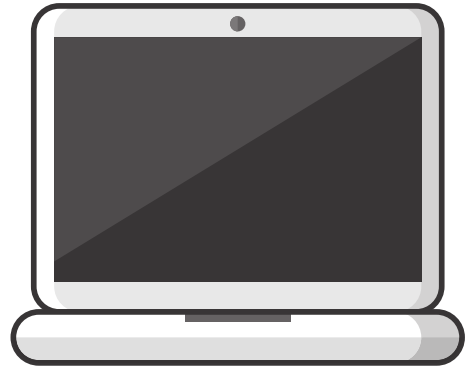# Online safety checklist

Complete this checklist with your parents or caregivers to help you stay safe on your devices!

- [ ] I only play games that are appropriate for my age group.

- [ ] I use a username that doesn't give away my identity.

- [ ] I have a limit to my daily/weekly screen time.

- [ ] I know what to do if I see something that upsets me online.

- [ ] I have age restrictions on the things I read and watch online.

- [ ] I don't share my passwords with anyone apart from trusted adults.

- [ ] I don't post personal information online, or share photos of myself or others with people I don't know.

- [ ] I don't buy things online (including online credits) without asking permission first.

- [ ] I treat others online how I would wish to be treated, with respect and kindness.

Kapow Primary™